

St. James' College of Pharmaceutical Sciences
St. James' Medical Academy, Chalakudy-680307

National Service Scheme is a student – centred programme and it is complementary to education. It is a noble experiment in academic extension. It inculcates the spirit of voluntary work among students and teachers through sustained community interaction. It brings our academic institutions closer to the society. It is a link between the campus and community, the college and village, knowledge and action.

The overall aim of NSS is the Personality Development of students through community service. It gives an extension dimension to Higher Education system and orients the student youth to community service.

The NSS activities are divided into three parts- First part is all the volunteers should undergo compulsory Orientation (20 hrs/year), In Campus activities (30 hrs/year) and Community service (70 hrs/year).

NSS ACTIVITIES CONDUCTED IN THE YEAR 2021

1. An orientation was given by the NSS Programme officer of St. James College of Pharmaceutical Sciences, Mr. Aravind R on 25th March, 2021 on the Third B. Pharm class room. The principal has presided the orientation programme and welcomed the speaker to give the orientation. The orientation has started at 9.30 am and ended by 11.00am.



2. **‘Fire and Safety class** was arranged for the students by associating with Safety department of St. James Hospital, Chalakudy and Chalakudy Fire station on April 22nd ,2021. The students received hands on training in the usage of Fire extinguisher and other firefighting equipment.



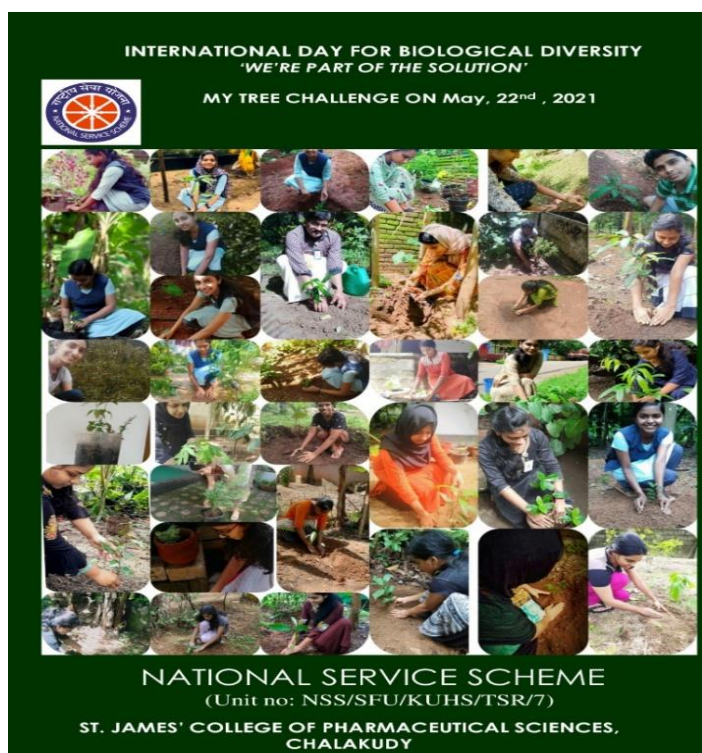
45 NSS volunteers participated in the programme.

3. The NSS volunteers also placed ‘water bowl’ in different locations of the campus on April 2, 2021 which provides water for the birds in the summer season. The programme was named as ‘Pakshikalkkoru Jeevajalam’.
4. An **orientation programme** was conducted on 29/04/2021 at 3.30pm to 6.00pm on the topic ‘History, Philosophy and activities of NSS’. The resource person who conducted orientation was Dr. Jai M Paul (Professor and NSS co-ordinator, Recipient of Indira Gandhi NSS award). The platform for the orientation program was Zoom cloud meeting.

5. An invited talk was organized on the topic '**First Aid in bites and stings**'. The speaker was Dr. Gopikrishna S, Assistant Professor, Vaidyaratnam P.D Varier Ayurveda Medical College, Kottakkal, Malappuram on 9/05/2021.



6. **International Day for Biological Diversity** celebration conducted on May 22, 2021 by organizing a programme known as 'My tree challenge'. The volunteers planted a tree in their surrounding and total of 40 students participated in the programme.

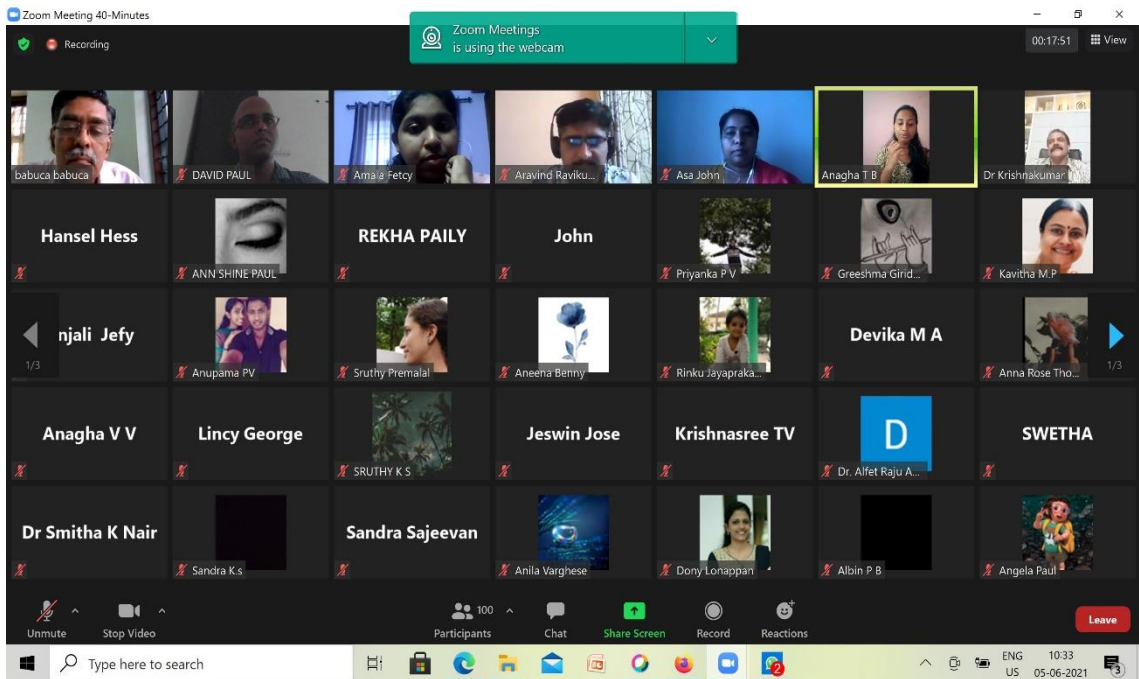


7. 'World No Tobacco Day' was observed on May 31st,2021 by conducting e-poster competition. The e-posters collected from the students were made into a video and uploaded in social media to give public awareness to prevent usage of tobacco products.



8. World environment day was observed on June 5, 2021 by organizing various programmes like planting tree sapling in the campus, arranging webinar and making short documentary related with the ecosystem restoration.

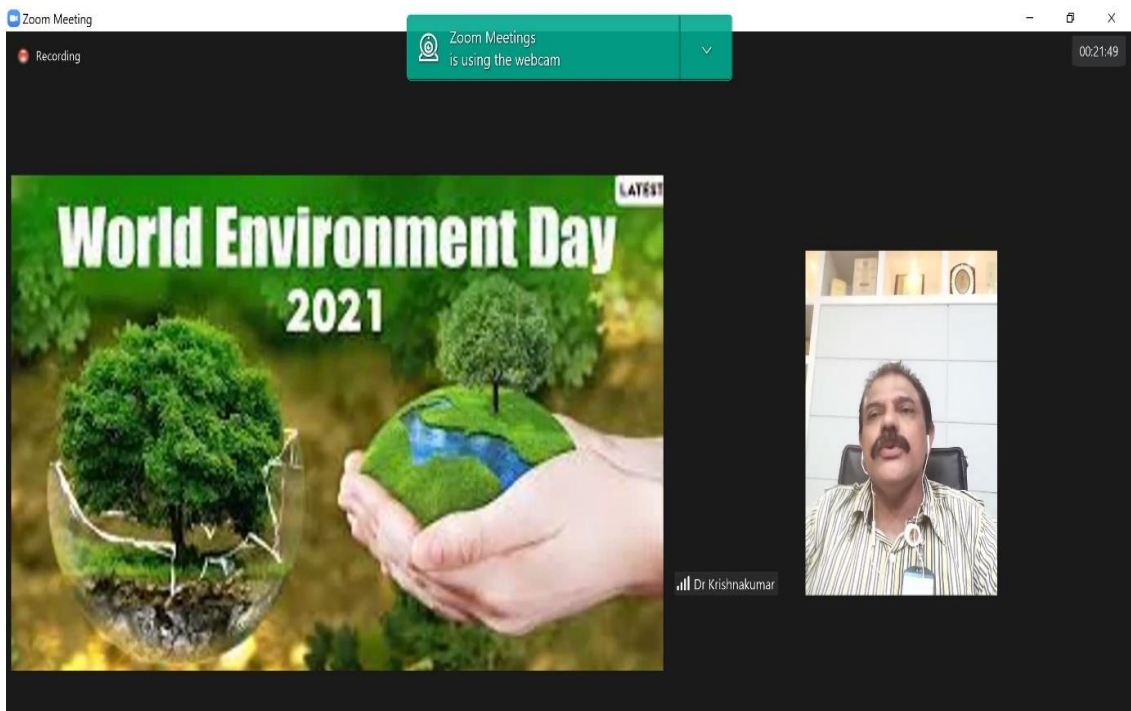




Zoom meeting on World Environment Day.

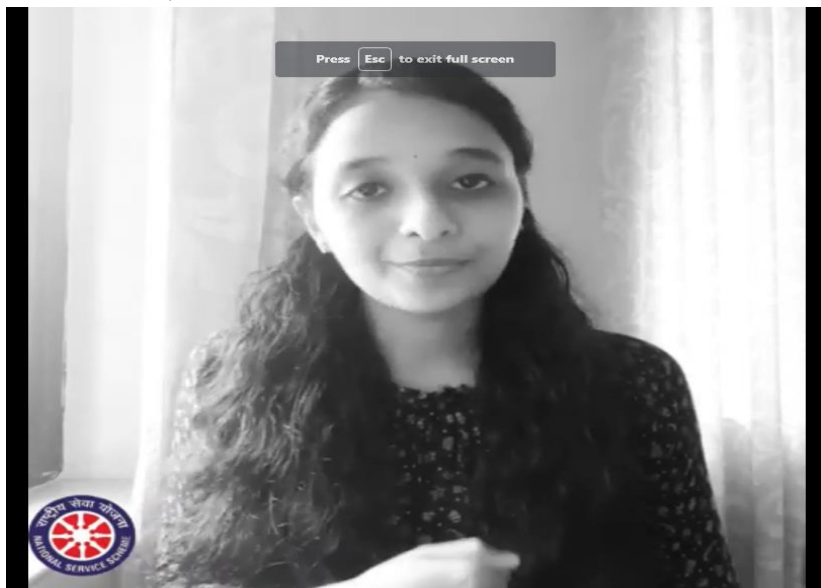
Topic: Global Warming and Its Impact on Ecosystem'

SPEAKER: Dr. C A Babu, Director, School of Marine Science, Dept. of Atmospheric Science, CUSAT, Kochi



9. A short video presentation on 'Awareness of Covid 19 Vaccine' was made by the NSS volunteers and released on May 1 on Social media platform like YouTube and Facebook.

This gives information about the development, clinical studies, mechanism of action and safety aspects of vaccine to the public. (<https://www.youtube.com/watch?v=jWFYU-EzwB8&t=74s>)



10. July 31- An orientation programme was conducted by Mr. Santosh A (Registered energy Auditor, BEE, Govt. of India) on the topic “Importance of Green and Energy Audit”. This is intended to create awareness on students on promoting green practice, reduce non-biodegradable waste, reusing the natural source and effective waste management. The programme started at 10.00am and ended by 12.00 pm. Total number volunteers participated was 45.

ST JAMES' COLLEGE OF PHARMACEUTICAL SCIENCES, CHALAKUDY
NSS UNIT (NSS/SFU/KUHS/TSR/7)
In association with
NEXUS ALUMNI ASSOCIATION
Organizes

WEBINAR ON
A Scientific cum Interactive Session Series 9
TOPIC
"Importance of Green and Energy Audit"

23 July, 2021 | 2.30 PM onwards

SPEAKER
Mr. Santosh A
Registered Energy Auditor,
Bureau of Energy Efficiency (Govt. of India),
Athul Energy consultant.

Join us on zoom

11. Independence Day celebration (Azadi Ka Amrit Mahotsav)- The 75th Independence Day celebration was observed in the college by conducting various programmes like Patriotic song competition, Singing of National Anthem and uploading the video.

Total 38 volunteers have participated in the ‘Let us sing National anthem’ programme.



Image: Certificate for singing National anthem.

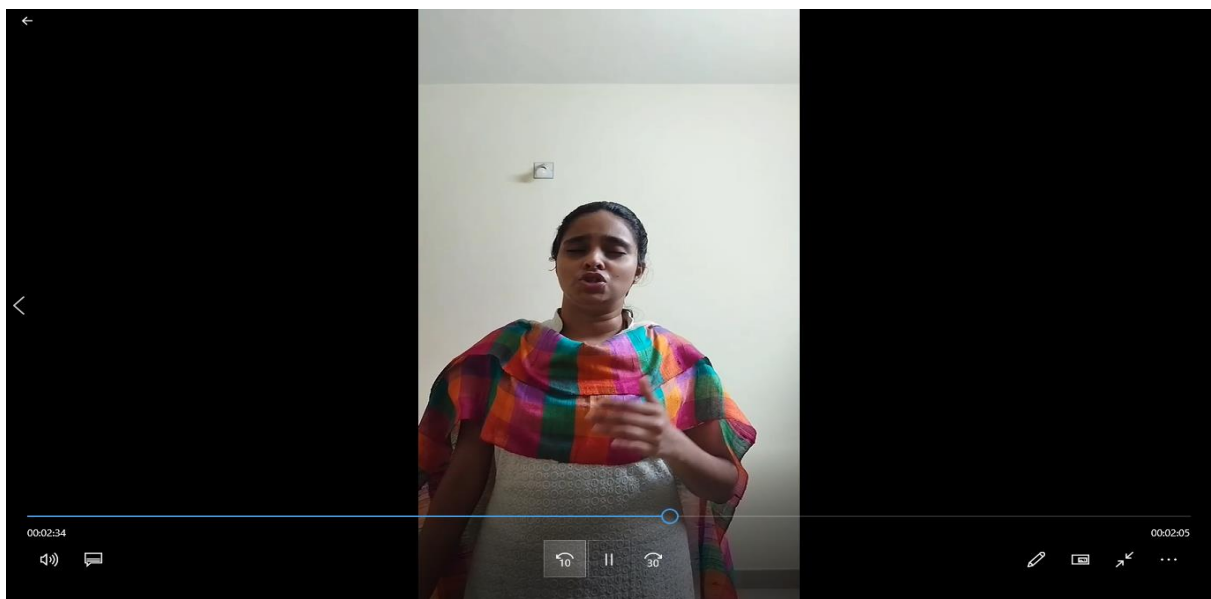


Photo: Patriotic song competition conducted online on 15th August, 2021.

12. 'NSS day' celebration was observed in the college with 'Flag hoisting ceremony'. The Flag was hoisted by Rev. Fr. Manoj Mekkadath, Associate Director, St. James Medical Academy and give the greetings on the NSS day to the volunteers, followed by NSS day address by Principal Dr. K. Krishnakumar. The annual report was read by Mr. Clins Paul, Volunteer captain and NSS day message was given by Anjali Jefy, Volunteer. Vote of thanks was proposed by Mr. Aravind R, NSs Programme officer. The programme ended by mass singing of National Anthem.



Photos: Flag hoisting ceremony on 24th September, 2021 during NSS day

13. Gandhi Jayanthi was celebrated on October 2nd 2021. The programme conducted on this occasion include 'Swatch Bharath Mission' with a motto of 'Clean India Safe India' campaign. The details of the activity include playground preparation with grass cutting and levelling of the land, road cleaning and removal of grass from the public place.



Photo: Play Ground cleaning cleaning